

## Module 7 – Enhancing Facilitation and Communication Skills in Child Protection

### Session 3: Objectives of Counselling

Duration: 0:51 Minutes

#### Objectives of Counselling

Let us find out what are the objectives of counselling CNCP, CCL and their families? Counselling is done to:

- create a safe place for the child and/or the family to open up and share information
- help the child and/or the family to identify the problem
- help the child to acquire skills to be more aware of his own feelings and experience
- help the child and/or the family to work through various options and make reasoned and informed choices
- allow the child to express his/her emotions in an uninhibited manner
- help the child to identify how he/she feels after the counselling process and having found a solution to his/her problem.